

Life InSight Application Study (LISA)

Testing a new intervention for cancer patients to address spiritual concerns

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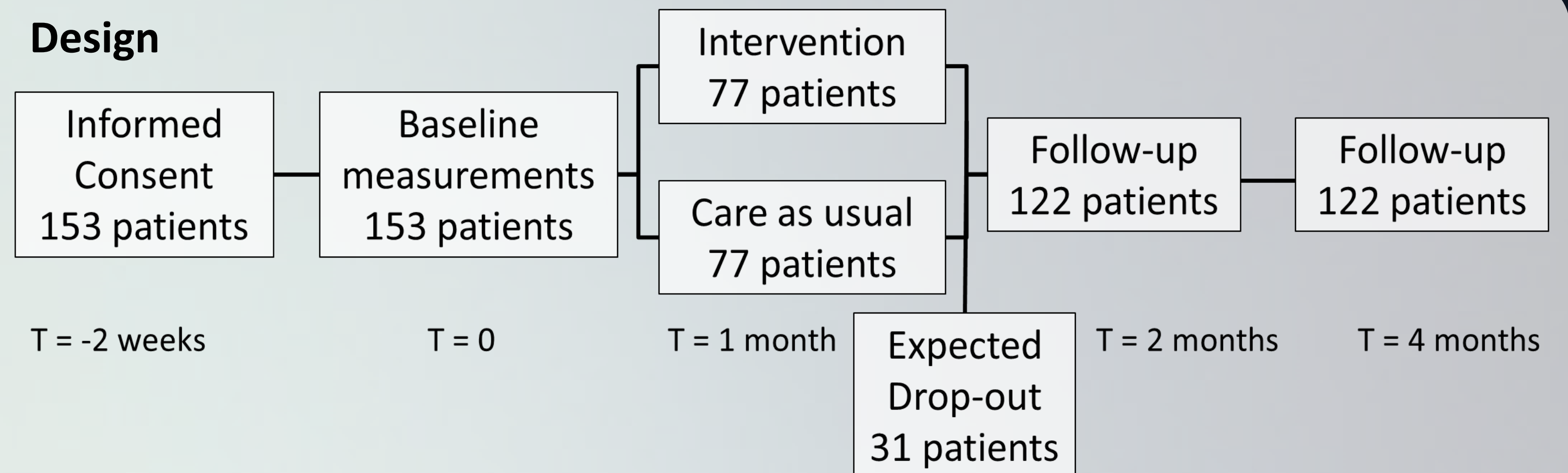
Previous...

- Spiritual care plays an important role in well-being of cancer patients
- Widely recognized ↔ little evident-based research

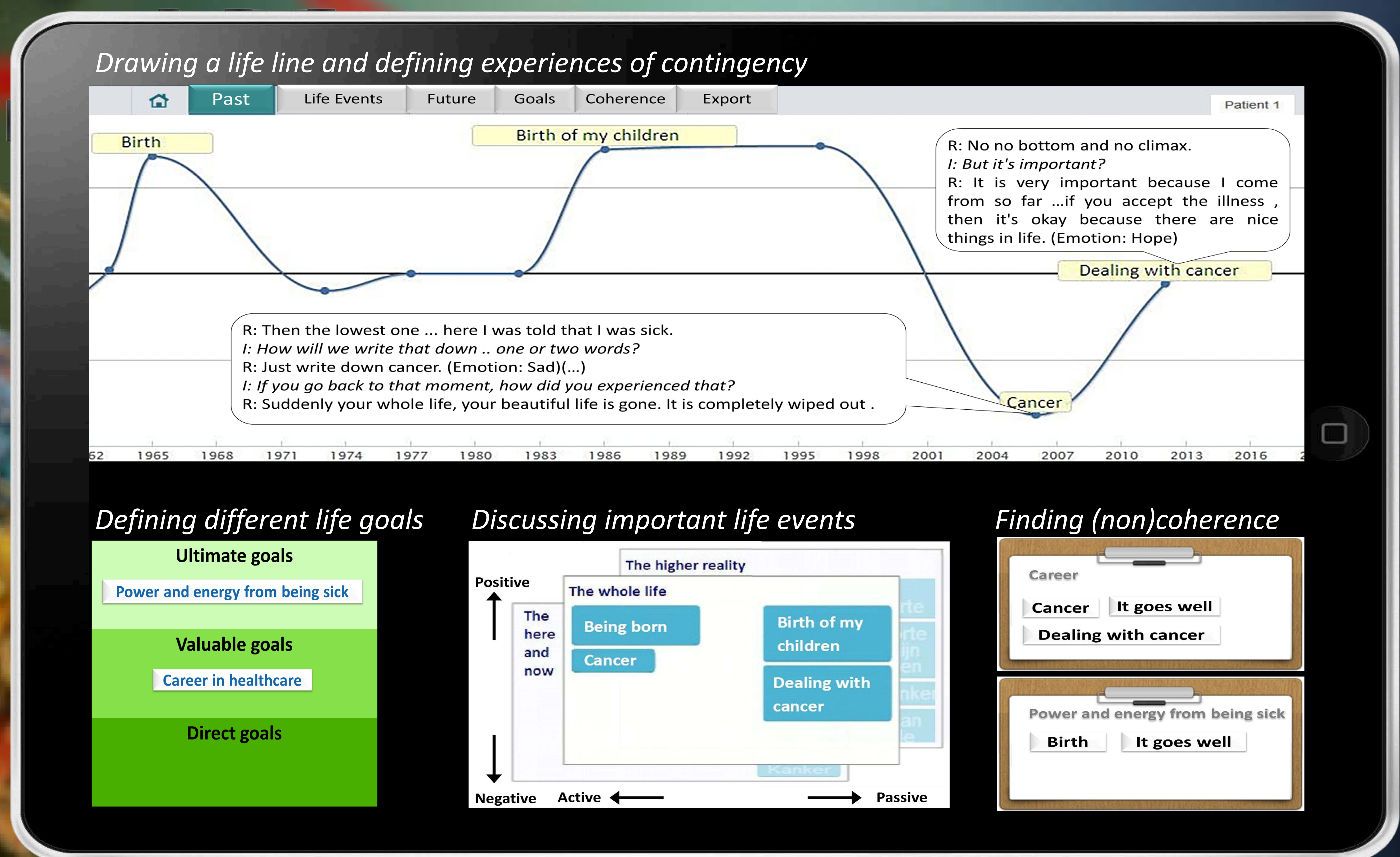
LISA study:

- Spiritual care focused on experiences of contingency and ultimate life goals
- We developed a brief structured interview model with an e-application
- We will conduct a RCT to examine whether insight into experiences of contingency and ultimate life goals improves Quality of Life and Spiritual Wellbeing of cancer patients

Design



Does an assisted structured reflection on life events and ultimate life goals improve quality of life of cancer patients?



Inclusion criteria

- Patients ≥ 18 years with advanced cancer not amenable to curative treatment
- Life expectancy ≥ 6 months
- Karnofsky Performance Score > 60
- Sufficient command of the Dutch language
- No current psychiatric disease

Endpoints & Instruments:

- Quality of Life: EORTC QLQ C15-PAL
- Spiritual Wellbeing: FACIT-S